

January

HAWAII ALL-STARS

2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
BHS 9:00-9:50 Tucks 10:00-10:50 Lays/Fulls 11:00-11:50	GYM CLOSED	GYM CLOSED	GYM CLOSED	GYM CLOSED	HAPPY NEW YEAR! GYM CLOSED	HAPPY NEW YEAR! GYM CLOSED
2	3	4	5	6	7	8
BHS 9:00-10:00 Tucks/Lay/Full 10:00-11:00 BHS 11:00-12:00 STRETCH CLASS 10:00-11:00 11:00-12:00 OPEN GYM 3:00-5:00	KRUSH - J3 4:30-6:30 KRUNCH - J1 5:30-7:30 KARMA - S2 6:30-8:30	KaBOOM - J2 4:00-6:00 K-POP - Y1 5:00-7:00 HI-5 6:30-8:30	KOWGURLZ M1 4:00-5:30 KaBOOM - J2 4:00-6:00 KRUNCH - J1 5:30-7:30 KARMA - S2 6:00-8:30	KRUSH - J3 4:30-6:30 K-POP - Y1 5:30-7:30 HI-5 6:30-8:30	KOWGURLZ M1 4:00-5:30 KARMA - S2 4:30-6:30 KRUSH - J3 6:00-8:00	KaBOOM - J2 8:00-10:00 K-POP - Y1 10:00-12:00 FUNDAMENTALS Beg - 8:30-9:30 Int. - 9:45-10:45 Adv. - 11:00-12:00
9	10	11	12	13	14	15
BHS 9:00-10:00 Tucks/Lay/Full 10:00-11:00 BHS 11:00-12:00 STRETCH CLASS 10:00-11:00 11:00-12:00	KRUSH - J3 4:30-6:30 KRUNCH - J1 5:30-7:30 KARMA - S2 6:30-8:30	KaBOOM - J2 4:00-6:00 K-POP - Y1 5:00-7:00 HI-5 6:30-8:30	KOWGURLZ M1 4:00-5:30 KaBOOM - J2 4:00-6:00 KRUNCH - J1 5:30-7:30 KARMA - S2 6:00-8:30	KRUSH - J3 4:30-6:30 K-POP - Y1 5:30-7:30 HI-5 6:30-8:30	KOWGURLZ M1 4:00-5:30 KARMA - S2 4:30-6:30 KRUSH - J3 6:00-8:00	KaBOOM - J2 8:00-10:00 K-POP - Y1 10:00-12:00 FUNDAMENTALS Beg - 8:30-9:30 Int. - 9:45-10:45 Adv. - 11:00-12:00
16	17	18	19	20	21	22
BHS 9:00-10:00 Tucks/Lay/Full 10:00-11:00 BHS 11:00-12:00 STRETCH CLASS 10:00-11:00 11:00-12:00 OPEN GYM 3:00-5:00	KRUSH - J3 4:30-6:30 KRUNCH - J1 5:30-7:30 KARMA - S2 6:30-8:30	KaBOOM - J2 4:00-6:00 K-POP - Y1 5:00-7:00 HI-5 6:30-8:30	KOWGURLZ M1 4:00-5:30 KaBOOM - J2 4:00-6:00 KRUNCH - J1 5:30-7:30 KARMA - S2 6:00-8:30	KRUSH - J3 4:30-6:30 K-POP - Y1 5:30-7:30 HI-5 6:30-8:30	KOWGURLZ M1 4:00-5:30 KARMA - S2 5:00-7:30	HI-5 and J3 ECHEER LIVE COMP
23	24	25	26	27	28	29
BHS 9:00-10:00 Tucks/Lay/Full 10:00-11:00 BHS 11:00-12:00 STRETCH CLASS 10:00-11:00 11:00-12:00	KRUSH - J3 4:30-6:30 KRUNCH - J1 5:30-7:30 KARMA - S2 6:30-8:30	KaBOOM - J2 4:00-6:00 K-POP - Y1 5:00-7:00 HI-5 6:30-8:30	KOWGURLZ M1 4:00-5:30 KaBOOM - J2 4:00-6:00 KRUNCH - J1 5:30-7:30 KARMA - S2 6:00-8:30 CheerMatch Filming	KRUSH - J3 4:30-6:30 K-POP - Y1 5:30-7:30 HI-5 6:30-8:30 CheerMatch Filming	KOWGURLZ M1 4:00-5:30 KARMA - S2 5:00-7:30 CheerMatch Filming	KaBOOM - J2 8:00-10:00 K-POP - Y1 10:00-12:00 FUNDAMENTALS Beg - 8:30-9:30 Int. - 9:45-10:45 Adv. - 11:00-12:00 CheerMatch Filming
30	31	1	2	3	4	5
BHS 9:00-10:00 Tucks/Lay/Full 10:00-11:00 BHS 11:00-12:00 STRETCH CLASS 10:00-11:00 11:00-12:00	KRUSH - J3 4:30-6:30 KRUNCH - J1 5:30-7:30 KARMA - S2 6:30-8:30	KaBOOM - J2 4:00-6:00 K-POP - Y1 5:00-7:00 HI-5 6:30-8:30	KOWGURLZ M1 4:00-5:30 KaBOOM - J2 4:00-6:00 KRUNCH - J1 5:30-7:30 KARMA - S2 6:00-8:30	KRUSH - J3 4:30-6:30 K-POP - Y1 5:30-7:30 HI-5 6:30-8:30	KOWGURLZ M1 4:00-5:30 KARMA - S2 5:00-7:30	KaBOOM - J2 8:00-10:00 K-POP - Y1 10:00-12:00 FUNDAMENTALS Beg - 8:30-9:30 Int. - 9:45-10:45 Adv. - 11:00-12:00

*** More info to come on the CheerMatch filming days!