

January

2023

HAWAII ALL-STARS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 HAPPY NEW YEAR GYM CLOSED	2 TINY 1 4:00-5:30 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	3 FUNdamentals 3:30-4:30 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:30-8:30	4 KOWGURLZ M1 4:00-6:00 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	5 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:15-8:30 KLASSY - S4 6:15-8:30	6 TINY 1 4:00-5:30. KOWGURLZ M1 4:30-6:30 KRUNCH- J1 6:00-8:00 KaBOOM - J2 6:00-8:00	7 K-POP - Y1 8:30-10:30 KRUSH - J3 10:15-12:30 KARMA - S2 10:15-12:30
8 OPEN GYM 3:00-5:00	9 TINY 1 4:00-5:30 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	10 FUNdamentals 3:30-4:30 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:30-8:30	11 KOWGURLZ M1 4:00-6:00 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	12 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:15-8:30 KLASSY - S4 6:15-8:30	13 TINY 1 4:00-5:30. KOWGURLZ M1 4:30-6:30 KRUNCH- J1 6:00-8:00 KaBOOM - J2 6:00-8:00	14 K-POP - Y1 8:30-10:30 KRUSH - J3 10:15-12:30 KARMA - S2 10:15-12:30
15 THE SPIRIT NETWORK VIRTUAL PHOENIX Y1, J1, J2, J3, S2, S4	16 TINY 1 4:00-5:30 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	17 FUNdamentals 3:30-4:30 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:30-8:30	18 KOWGURLZ M1 4:00-6:00 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	19 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:15-8:30 KLASSY - S4 6:15-8:30	20 TINY 1 4:00-5:30. KOWGURLZ M1 4:30-6:30 KRUNCH- J1 6:00-8:00 KaBOOM - J2 6:00-8:00	21 K-POP - Y1 8:30-10:30 KRUSH - J3 10:15-12:30 KARMA - S2 10:15-12:30
22 OPEN GYM 3:00-5:00	23 TINY 1 4:00-5:30 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	24 FUNdamentals 3:30-4:30 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:30-8:30	25 KOWGURLZ M1 4:00-6:00 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	26 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:15-8:30 KLASSY - S4 6:15-8:30	27 TINY 1 4:00-5:30. KOWGURLZ M1 4:30-6:30 KRUNCH- J1 6:00-8:00 KaBOOM - J2 6:00-8:00	28 K-POP - Y1 8:30-10:30 KRUSH - J3 10:15-12:30 KARMA - S2 10:15-12:30
29 SHOWOFFS 2:00pm BALDWIN HIGH SCHOOL GYM	30 TINY 1 4:00-5:30 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	31 FUNdamentals 3:30-4:30 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:30-8:30	1 KOWGURLZ M1 4:00-6:00 KRUSH - J3 4:30-6:30 KRUNCH- J1 5:30-7:30. KLASSY - S4 6:30-8:30	2 KaBOOM - J2 4:30-6:30 K-POP - Y1 4:30-6:30 KARMA - S2 6:15-8:30 KLASSY - S4 6:15-8:30	3 TINY 1 4:00-5:30. KOWGURLZ M1 4:30-6:30 KRUNCH- J1 6:00-8:00 KaBOOM - J2 6:00-8:00	4 K-POP - Y1 8:30-10:30 KRUSH - J3 10:15-12:30 KARMA - S2 10:15-12:30